

The Iron Summit Scorecard

Clearing the Fog in your Quest

"Before a warrior climbs, he must know where he stands."

Overview

This scorecard is a self-assessment across the 7 Pillars of The Iron Summit, helping you discover which areas of life are solid, and which ones need reforging. Which areas need fire to burn off the mess.

Instructions:

Rate yourself in each area by circling the number that best describes your current reality. Be honest. This is between you and your legacy.

1. FAMILY VAULT – Finances & Provision

What it Measures: Your ability to provide financial stability, peace, and leadership in your household.

- 1 – Drowning in debt. Living paycheck to paycheck. No financial plan.
- 2 – Trying to manage, but under constant stress. No savings.
- 3 – Bills are paid. Budget exists, but inconsistent. Some tension at home.
- 4 – Steady system in place. Saving, giving, and communicating.
- 5 – Clear household strategy. Margin. Generosity. Legacy-focused.

2. STRONGHOLD – Fitness, Health, & Energy

What it Measures: Your physical strength, stamina, and ability to show up fully.

- 1 – Sedentary. Low energy. Not taking care of your body.
- 2 – A few good habits, but not consistent. Always tired.
- 3 – Can move when needed, but lacks power and drive.
- 4 – Regular workouts. Stronger. Clearer. More alive.
- 5 – Fit, functional, and fire-tested. Disciplined and confident.

3. BASE CAMP – Marriage & Fatherhood

What it Measures: Your connection with your wife and kids, and how you lead your home.

- 1 – Distant. Arguments. Silence. No real connection.
- 2 – Going through the motions. Occasional effort.
- 3 – Communicating okay. Some good moments.
- 4 – Intentional time. Regular connection. Leadership emerging.
- 5 – Deep, steady connection. Love, fun, and direction at home.

4. LIFE CODE – Faith, Values, & Identity

What it Measures: Your spiritual walk, internal compass, and sense of mission.

- 1 – Spiritually numb. No real practice or community.
- 2 – Believes in God but no rhythm or guidance.
- 3 – Some prayer, some church. Not anchored.
- 4 – Personal walk with God. Reflection, Scripture, prayer.
- 5 – Identity is in Christ. Leading others in faith and truth.

5. YOUR SWORD & SHIELD – Safety & Situational Readiness

What it Measures: Your ability to protect your family physically, emotionally, and strategically.

- 1 – No training. No plan. Would freeze in danger.
- 2 – Vaguely aware. No action taken.
- 3 – Aware and alert. Some basic prep.
- 4 – Practicing defense. Has plans and drills.
- 5 – Protector mindset. Calm, trained, and confident.

6. WILDERNESS – Self-Reliance & Outdoor Skill

What it Measures: Your ability to reconnect with nature and lead others in the wild.

- 1 – Doesn't engage with nature. Uncomfortable outdoors.
- 2 – Enjoys nature but rarely goes. No skill set.
- 3 – Basic experience—camping, hiking, fishing.
- 4 – Leads family outings. Knows key survival basics.
- 5 – Fully capable. Wilderness is home and proving ground.

7. THE SUMMIT – Leadership & Legacy

What it Measures: Your clarity of purpose, personal mission, and impact on others.

- 1 – Drifting. No clear direction. No one is following.
- 2 – Trying to lead, but uncertain. No plan.
- 3 – Has influence. Inconsistent application.
- 4 – Leads with values. People trust and follow.
- 5 – Living legacy. Intentional. Building the next generation.

Scoring

Add your score from each area 1 - 5 to see where you fall on the Quest.

Total Score: _____

Your Scores and Where are you in the Fog

7–14: The Sleeper

"I'm a good man... but I'm drifting."

I wake up tired. I go to bed feeling defeated. Something's off, and I know it—but I haven't had the courage, clarity, or tools to face it. My marriage feels robotic. My relationship with my kids is functional, not deep. I avoid mirrors—not because of how I look, but because of what I see in my own eyes. I tell myself I'm doing okay... but I'm not leading. I'm surviving. I'm sleeping through my mission.

15–21: The Ember

"I want this... but I'm scattered."

There's fire inside me—I feel it. I want to change. I want to rise. But I'm overwhelmed. I'm doing okay in one or two areas, but the rest? A mess. I keep saying, "Next month I'll get back on track." I'm reactive, I'm inconsistent, and I'm guessing my way forward. There's heat in me... but it's not yet a flame.

22–28: The Climber

"I've started to rise—and I'm hungry for more."

I'm in motion. I've started to build rhythms that work—and I've felt the difference. My body feels stronger. My mind feels clearer. I've gotten glimpses of the man I want to be. But I'm still vulnerable. Burnout. Drift. Distraction. They still call to me. I'm climbing—but I know the summit is still far ahead.

29–35: The Trailblazer

"I'm no longer guessing—I'm leading."

I'm living with purpose. My family sees the difference. My team feels it. I'm not perfect—but I'm present. I'm prepared. I show up with impact. I don't just think about growth—I build it into my daily life. I no longer climb just for me. I'm climbing for the men behind me—and the legacy ahead of me.

36–42: The Guide

"This isn't about me anymore—it's about legacy."

I've become rare. Not loud. Not showy. Just *rooted*. Humble. Faithful. Dangerous in the right ways. I live what others only talk about. I don't need a spotlight—I carry a torch. I mentor. I multiply. I know that the Summit isn't the end. It's the beginning of a new mountain. I climb now not for success—but for *eternal impact*.

Add-On Reflection

If you chose to take this to another level, journal on the following questions. Write in as much detail and focus as you can. Be expressive and explain what you are feeling, seeing, hearing, smelling, and tasting as you describe the character you are today. The more emotion you can put into the journal entries, the more it will benefit you in the long term.

Which character are you today?

Describe the man you want to become?

What needs to change to get there?